

# Hawaii Physical Activity and Nutrition Newsletter

January 2015

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## Contact Us

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[leimomi.dierks@doh.hawaii.gov](mailto:leimomi.dierks@doh.hawaii.gov)



## Announcements from Hawaii PAN Partners

### Honolulu as an Age-Friendly City Summit

**Saturday, February 7, 2015 from 8:30 am to 12:30 pm at the Japanese Cultural Center**

Please make sure to invite everyone who is interested in a more age-friendly Honolulu to this summit, including your professional network, co-workers, friends, family, and community members. The event is **free** and open to the public, and will feature refreshments, complementary health screenings, information from local organizations and programs, and much more!



**FREE FOR EVERYONE!**  
Japanese Cultural Center  
2454 South Beretania Street

**PRESENTED BY**  
Mayor Kirk Caldwell  
AARP Hawaii  
Kaiser Permanente of Hawaii  
Honolulu Age-Friendly City  
Steering Committee

Join your fellow community members for a first look at plans to create an age-friendly Honolulu. We welcome you to experience what's ahead and provide your insight on what our city needs to meet your needs.



### Keiki Great Aloha Run

Kokua Hawaii Foundation is proud to co-sponsor the 2015 Keiki Great Aloha Run: a Healthy Fundraising Event for Healthy Kids, Healthy Families, and Healthy Schools on Saturday, February 14, 2015. This safe, 2-mile run around the Neal Blaisdell Center & McKinley High School is for keiki 12 years & under, their ohana, school staff, and supporters.

Raise funds for your school! \$15 from each registration will be returned to support your school's Nutrition Education and Physical Activity programs! Kokua Hawaii Foundation will be providing a Plastic-Free Hawaii Water Refill Station and all participants are encouraged to bring reusable water bottles to refill.

- Registration fees and deadlines: \$18 by January 23; \$ 22 by February 2. (For children 5 and under, register both child and adult as "You and Me Together" for \$25.)
- Deadline for mail-in registrations is February 2
- No registrations on the day of event
- \$25 Late Registration at Packet Pickup on February 7 & 8



To register online, click [here](#).

To download a mail-in registration form, click [here](#).

The Keiki Great Aloha Run will be on Valentine's Day! So, be a cupid, take a family member, friend or supporter, and run for the love of being healthy.

### **Kaiser Permanente 2015 Great Aloha Run**

Submitted by Nicole Gustie, Events & Programs Planner, Kaiser Permanente



Experience the aloha with the Kaiser Permanente Great Aloha Run on Presidents' Day, February 16! For 31 years, Hawaii has walked and run together to fundraise more than \$10.6 million for organizations helping our communities. Make a difference, have a great time, and make friends with more than 22,000 of your fellow participants in the process! Register online at [www.GreatAlohaRun.com](http://www.GreatAlohaRun.com).

### **PAN Newsletter Subscription**

If you would like to receive the PAN Newsletter, please click [here](#), fill out the form, and click the red "sign up" button at the bottom of the form.

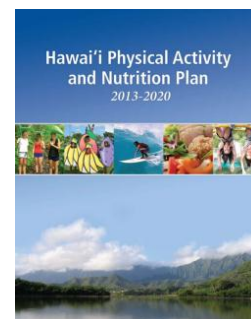
For current and previous PAN newsletters, please click [here](#).

### **Hawaii State PAN Plan**

Click on the link below to access the Hawaii State PAN Plan:

<http://health.hawaii.gov/physical-activity-nutrition/home/state-pan-plan/>

Our PAN Newsletter has been reorganized! Articles are now organized by sector area – specifically, Community Design and Access, Educational Systems, Healthcare Systems, Statewide Media, and Worksite/Industry/Business. At the end of each article, you will find the PAN Plan Objective that is supported by the activities mentioned in the article (where appropriate).





## Hawaii Highlighted Programs, Projects, and Initiatives

### Community Design and Access – Physical Activity

#### **Rice Street Week on Kauai!**

Submitted by Bev Brody, NPAC – Get Fit Kauai

From November 17<sup>th</sup> – November 21<sup>st</sup>, 2014, the County of Kauai, in partnership with Get Fit Kauai, Lihue Business Association and the Kauai Chamber of Commerce hosted Rice Street Week, which included the unveiling of complete streets plans for Rice Street. Workshops, walkabouts, public information meetings and static displays were all well attended by GFK members, County staff, business owners and community supporters.



Get Fit Kauai played a huge role in envisioning the activities of the week (including coming up with the name “Rice Street Week”!), providing promotional materials, visiting every single business on Rice Street to get the word out, and also promoting the event through the radio and social media. The week was not only successful in terms of receiving input about Rice Street and presenting concept plans, but also in the innovative and “fun” events and venues for community input. Most of the

input happened right on the street, and it was also an opportunity to highlight businesses that are already revitalizing Rice Street. In addition to the presentation of concept plans, a one-night “parklet” was set up so people could envision how the street could be used in different ways. For people who could not attend meetings, displays with opportunities for comment were set up at four different venues. Once the comment period ended (Dec. 5) and comments were collated and analyzed, next steps will be determined and scheduled.

Rice Street Week also demonstrated another big step in capacity building, with all of the efforts, including design and graphics, community meeting preparation and facilitation, press releases, etc., done without consultants, thanks to the efforts of Get Fit Kauai, County of Kauai, Lihue Business Association, and numerous volunteers.

#### PAN Plan 2020: Community Design and Access – Physical Activity

*Objective 4: Develop and implement processes at the state and by every county to include physical activity priorities when determining building design and location, land-use planning, and transportation decisions (e.g., revise, disseminate, and utilize the Healthy Community Design Assessment/Checklist.*

## **Community Design and Access – Nutrition**

### **Access to Healthy Foods**

Submitted by Bev Brody, NPAC – Get Fit Kauai

There is continued support for the EBT Program at Kauai Farmers' Markets. Out of the five current EBT sites (Kapaa, Lihue, Koloa, Hanapepe, and Kilauea), the Kapaa and Kilauea sites are the most successful. The Koloa Farmer's Market has the lowest attendance. If you know anyone in the area, please let them know that the Koloa Farmer's Market accepts SNAP-EBT on Mondays at 11:30 am.

There is a demand for the EBT Program to be present at the Kauai Community College Farmers Market on Saturdays in Puhi. Malama Kauai is currently looking for additional funding to expand the program to the West Side and KCC.

Listen to KONG radio stations for announcements about EBT at your local farmers markets.

#### **PAN Plan 2020: Community Design and Access – Nutrition**

*Objective 6: Increase to 80%, the number of farmers markets that accept Supplemental Nutrition Assistance Program (SNAP) Electronic Benefit Transfer (EBT) transactions.*

**Hawaii EBT**

**EBT at Farmers Markets!**

**SNAP/EBT Accepted Now:**

**Every week:**

KAPAA – Wednesday, 2:30pm

LIHUE – Friday, 2:30pm

**First 2 weeks of the month (on or after the 5th):**

KOLOA – Monday, 11:30am

HANAPEPE – Thursday, 2:30pm

KILAUEA – Thursday, 4pm

Malama Kauai

Visit [www.malamakauai.org](http://www.malamakauai.org) or call 652-4823 for more info

## **Educational Systems (Schools)**

### **Kaaawa Elementary Health Fair Offers Sophisticated Breakout Sessions, Medical Pros**

Submitted by Curt Okimoto, Windward District HHI Health/PE Resource

For the first time in its 104-year history, Kaaawa Elementary held a school-wide health fair for its students and parents. Some 160 students and family members attended "Commit to be Fit," co-presented by health-care professionals and community partners, who showed students the benefits of making healthy choices and how to do it.

A public health nurse and nursing students from Hawaii Pacific University were among those who presented 15-minute general-audience activities, one after the other, for a captive audience of about 125 kindergartners through sixth-graders. There were also four 30-minute breakout sessions, each tailored for the upper and lower grades.





*L-R: Parent Jasmine Evans and Kaaawa Elem's Tiare Vainerere teach students zumba*

One of the highlights included students engaging in a shopping game. They were given grocery bags and guided to a mock store to shop for food and drinks. At "checkout," each item was personally "scanned"

by a nursing student and the healthier the item, the more points the students scored for prizes. As shopping items were assessed, children were taught healthier alternatives that they may choose at real-life grocery stores.

*L-R: Students Helen Prow and Abigail Ana shop at the mock grocery store and learn to make healthy choices.*



Breakout sessions for fourth-through sixth-graders included the topics of sugar and fat content in food and drinks, and the dangers of smoking and e-cigarettes. The lower grades learned about hygiene – hand washing, sneezing and ways to protect themselves and others during cold and flu season – as well as nutrition and food groups in a "My Plate" demonstration.

"Our goals are to make kids aware of healthy choices they can sustain through the years," said Lenora Paulo, Kaaawa Elementary health aide. "We're targeting young students and making them aware of how to make nutritious choices and the benefits." The hope is to hold the fair annually.

Community Children's Council Office helped fund the inaugural fair and donors included Tamura's Market in Hauula, Times Supermarket in Kahaluu and Costco in Iwilei.

Other offerings were: planting vegetables in milk cartons led by the school's Earth Club, zumba headed by PE teacher Tiare Vainerere, a watermelon eating contest, presentations, prizes, and goody bags.

Under the leadership of Principal Jennifer Luke-Payne, Paulo is continuing "Commit to be Fit" throughout the school year, starting with each grade designing a poster that names a specific commitment and goal for year-long healthy choices.

"At Kaaawa Elementary, we educate and address the whole child, and our

health fair is a new means to improve students' physical health," Luke-Payne said. "We strive to better educate our students academically and holistically so they may live healthy lives."

*PAN Plan 2020: Educational systems*

*Objective 12: Increase educational opportunities for students and staff to learn about nutrition and agriculture.*

### **Honolulu District Health & Physical Education: Professional Development**

Submitted by Denise Darval-Chang, Honolulu District Health and Physical Education Resource Teacher, Honolulu District Office

Twenty-two teachers from Honolulu, Leeward and Central districts recently completed a 25-hour professional development course. The course consisted of teaching the topics of Nutrition, Tobacco, & Physical Activity to over 800 students in grades 2 thru 12.

The objective of the course was to provide students with information on how their bodies are affected by tobacco use, nutrition – the foods they eat, and physical activity – being active or sedentary. Students now have a toolkit of information they can use to help make healthy decisions in order to enjoy the benefits of living a high quality life.

Teachers were supplied with portfolios that included 3 entries complete with student work, assessments and constructive feedback. Curriculums used to drive the lessons originated from Health Teacher and Fitnessgram. Lessons were aligned to Hawaii Content and Performance Standards in Health & Physical Education and the Common Core State Standards.

The twenty-two teachers who participated in the course were very positive. They understand the importance of teaching the "whole child" using health topics while integrating the common core that are relevant to the youth.

*PAN Plan 2020: Educational systems*

*Objective 12: Increase educational opportunities for students and staff to learn about nutrition and agriculture.*

### **Hawaii PAL Training**

Submitted by Shelley Kahuanui Fey, Physical Education Department Chair, Punahou School

On Saturday, January 17, 2015, a group of energetic and playful participants gathered at the Kamehameha Schools Kalama Dining Hall on the Kapalama campus to participate in a physical activity leadership training course.

The **Physical Activity Leader (PAL) Learning System** is a professional development resource within the Let's Move! Active Schools program. The PAL Learning System is managed through SHAPE America. SHAPE America is the largest organization of professionals involved in school-based health, physical education, and physical activity who are dedicated to teaching and promoting active, healthy lifestyles.

The purpose of this one-day training was to engage professionals in their school communities around the value of physical activity in an effort to ensure all school-age youth get 60 minutes a day of physical activity.

Trainers Jennifer Reeves from Tucson, Arizona and Shelley Fey from Honolulu, Hawaii provided tools and resources necessary to create an action plan for an active school. The sessions helped participants develop and build their leadership skills, facilitated the sharing of necessary content to support their advocacy efforts, provided opportunities for participants to share activities and success stories, and energized the group in being champions for physical education and physical activity for school-aged youth. The [Comprehensive School Physical Activity Program \(CSPAP\) Guide](#) was presented as a valuable tool to help participants develop strategies for their specific needs (available on the [CDC website](#)).



It was wonderful to have a diverse group of educators from Oahu's various school districts, as well as a few outer island physical education resource teachers, who are interested in seeing physical activity become the norm across our campuses, participate in the training. The enthusiasm and excitement of the participants kept the energy flowing throughout the day.



As one participant put it, "I really like the way this turned out to be a teacher-leader training. I think a lot of teachers have the vision of adding physical activity but don't know how to start or bring it up to the administrators. This training gives us the steps on how to do that and lays it out clearly, with examples and practice activities. I feel really empowered to start this in my school."

This training is the skill-building phase of their journey. Each participant will have support by being able to access a collaborative online community of other PALs. All members of the community will not only share knowledge and success stories, participate in discussion boards, and innovative problem-solving approaches, but they will also enjoy 24/7 access to PAL trainers.

This first class of PAL Leaders was a special group of individuals who were as professional as they come. Trainer Jen Reeves gave them the nickname "Rock Stars." It is a goal to provide this same training throughout the state within the next 4 years. If anyone is interested in having a PAL Training in his or her area please contact Shelley Fey ([sfey@punahou.edu](mailto:sfey@punahou.edu)).



*PAN Plan 2020: Educational systems  
Objective 9: Require quality, comprehensive Health  
and Physical Education in Department of Education schools.*



## **Kauai's Safe Routes to School Program Growing Strong!**

Submitted by Bev Brody, NPAC – Get Fit Kauai

Get Fit Kauai's Safe Routes to School has experienced positive growth in the past few months. Six schools have formed a task force including: Kilauea, Kalaheo, King Kaumualii, Kapaa, St. Catherine's, and Koloa. These task forces are implementing Safe Routes to School at each of their respective schools. Kilauea, Kalaheo, King Kaumualii, Kapaa, and St. Catherine's continue to participate in the monthly walk to school day on the first Wednesday of every month. King Kaumualii also initiated a second "community led" walk to school day on the 3<sup>rd</sup> Wednesday of each month which allows more parents, community members and children to be involved in walk to school days. Walk to School Day has continued to be successful at the six schools participating. During the past 3 months 1,987 people have walked to school; 1,500 students and 487 teachers, parents and adults.



The next walk to school day is Wednesday, February 4 with three remaining as we near the end of the school year (March 4<sup>th</sup>, April 1<sup>st</sup>, and May 6<sup>th</sup>).

*PAN Plan 2020: Community Design and Access – Physical Activity*

*Objective 5: Increase by 10% the percentage of people who use active transportation to commute to work or school by expanding opportunities for active transportation (e.g., bike share programs, public transit, transit-oriented development, Safe Routes to School, Work and Recreation).*

## **Hawaii Farm to School Conference**

The Hawaii Farm to School & School Garden Hui and The Kohala Center held a Hawaii Farm to School Conference on Friday, October 3, 2014 at the Kamehameha Schools Kapalama Campus. Three panels examined the supply, distribution, and procurement of locally grown foods for Hawaii's schools, along with successful models for implementation through education.

Kacie O'Brien, Farm to School Program Western Regional Lead for the USDA Food and Nutrition Service, was the keynote speaker. Kacie provided federal-level guidance and support for strengthening Hawaii's farm to school efforts.



An 'ono and pono breakfast was provided by Slow Food of Hawaii and many of Oahu's local farmers and chefs. A locally-sourced model school lunch was prepared by Hale Kealoha 'Ai Pono.





It was an engaging gathering of food systems stakeholders who will promote the knowledge and best practices needed to develop and sustain a statewide farm to school program to re-grow Hawaii's agricultural economy, future farmers, and healthy schools and communities.

*PAN Plan 2020: Educational systems*

*Objective 12: Increase educational opportunities for students and staff to learn about nutrition and agriculture.*

### **Hawaii Farm to School Legislative Breakfast Briefing**

On Friday, January 9, 2015, The Hawaii Farm to School & School Garden Hui and The Kohala Center in collaboration with Senator Ruderman, Senator Chun Oakland and Representative Tsuji, hosted a Farm to School Legislative Breakfast Briefing at the State Capitol. Breakfast was catered by Mark Noguchi's The Pili Group and the Honolulu Coffee Company and consisted of locally grown ingredients generously donated by the University of Hawaii CTAHR Urban Garden Center and Waimanalo Research Station and Whole Foods Market.



Panelists included the State Director from the USDA Rural Development, the Hawaii Department of Agriculture, the University of Hawaii CTAHR, the Hawaii State Procurement Office, the Ulupono Initiative, and several students from our school systems.

The event was well attended and gave attendees the opportunity to learn what The Hui's legislative priorities for

2015 are. There are three priorities The Hui is focusing on this year:

1. establish a state-level Farm to School Program and coordinator positions in the Hawaii Department of Agriculture and Education,
2. revise the Hawaii Public Procurement Code in support of local food purchasing by exempting the purchase of fresh meats and produce from standard procurement code, and
3. establish the month of October as Farm to School Month in Hawaii.

*PAN Plan 2020: Educational systems*

*Objective 12: Increase educational opportunities for students and staff to learn about nutrition and agriculture.*

## Worksite/Industry/Business (Worksite Wellness)

### **Get Fit Kauai's 2014 Worksite Wellness Challenge An Outstanding Success!!**

Submitted by Bev Brody, NPAC – Get Fit Kauai

Twenty-five companies took Get Fit Kauai's 9-month Worksite Wellness Challenge which began in January 2014.

These companies agreed to take steps to improve or create healthier workplace environments with healthier employees. The reasons to do this are many, but they include improved morale, productivity, and employee retention as well as decreased absenteeism and decreased health insurance costs. It makes sense that a

happy employee is a productive employee. It is not, as Get Fit points out, about offering sick days to employees. The overall goal of Get Fit Kauai's Worksite Wellness Leadership Team is to increase opportunities for physical activity and healthful nutrition in the workplace.



The challenge kicked off with a January 31, 2014 breakfast where businesses took a survey and got their worksite wellness challenge score, ranging from zero to 125. They retook the survey in October 2014. The survey focused on five areas: general health environment, tobacco control, physical activity, nutrition, and stress reduction. It asked about 40 questions with topics ranging from annual wellness program reviews, bike racks, on-site gardening, water coolers, policies on banning tobacco use, and space where employees can practice yoga or meditate. Extra points were given to policy and system changes implemented which involved physical activity and nutrition.

Since then, those businesses have had a chance to better their worksite health programs and policies and implement changes. The winners, who earned a trophy and bragging rights, were determined by the improvement in their own score. An awards luncheon was held in November 2014 to announce the winners.

For the full story log onto to [www.getfitkauai.com](http://www.getfitkauai.com).

### **Worksite Wellness Challenge 2014 Scores**

<u>Rank</u>	<u>Team Name</u>	<u>Initial</u>	<u>Final</u>	<u>Points Earned</u>
1 <sup>st</sup> place	Kauai Marriott Resort	59	112	53
2 <sup>nd</sup> place	Syngenta	52	104	52
3 <sup>rd</sup> place	The Cliffs at Princeville	46	92	46

### Changes made by Kauai Marriott Resort: (1<sup>st</sup> Place)

- Recruited senior leader and upper management support for Worksite Wellness
- Created a written company wellness policy
- Created a written policy to support breast feeding women
- Created a private space for a lactation room
- Created an exercise facility on-site which all employees have access 24/7
- Installed bike racks for employees who ride their bikes to work.
- Installed shower and changing facilities for employees.
- Provide a monthly healthy tip newsletter
- Posted healthy eating posters in staff cafeteria
- Installed a refrigerator in the break room for employees
- Now provide filtered water to employees free of charge at all times
- Display 'no smoking' signs with information about the tobacco-free company policy
- Provide health insurance coverage with no out-of-the pocket costs for prescription tobacco cessation medications.
- Support and organize active social events throughout the year.
- Now provide stress management programs for employees.
- Provide work-life balance/life skill programs to employees.
- Signage promoting use of stairs and eating more fruits and vegetables
- Provide opportunities for employee participation in organizational decisions regarding workplace issues that affect job stress.

### PAN Plan 2020: Worksite, Industry, Business

*Objective 16: Develop a statewide infrastructure to provide worksite wellness resources and technical assistance to employers.*

### **"Choose Healthy Now" Expands to Castle Medical Center (CMC)**

Submitted by Ruby Hayasaka, CMC's Director of Nutritional Services

Castle Medical Center (CMC) implemented the statewide worksite wellness initiative "Choose Healthy Now." The program is a joint initiative between the State Departments of Health and Human Services. Ruby Hayasaka, CMC's Director of Nutritional Services, started off the "Choose Healthy Now" program with snacks and beverages offered in the hospital cafeteria, "The Bistro." Since its implementation, the "Choose Healthy Now" program has been well received by employees and customers.



The green, yellow and red stoplight colors assist "The Bistro" customers to identify the difference between healthy snacks and those that have higher levels of sodium, sugar and fat.

"The biggest challenge faced is obtaining a consistent supply of wholesale healthy snacks and beverages," Ruby explained. In the 2nd phase Ruby is reducing red



spotlight snack and beverage offerings and implementing “Choose Healthy Now” labeling of the Bistro’s entrée and soup offerings.

PAN Plan 2020: Community Design and Access – Nutrition

Objective 8: Define and identify issues related to access and consumption of healthy food in each county and develop strategies to address them and

PAN Plan 2020: Worksite, Industry, Business

Objective 16: Develop a statewide infrastructure to provide worksite wellness resources and technical assistance to employers.



## Featured Resources and Research

### Hawaii

#### ▪ Resources

##### Healthy Mothers, Healthy Babies Coalition of Hawaii

Submitted by Joanne Viloria, MPH, Program Coordinator, Healthy Mothers, Healthy Babies Coalition of Hawaii

With the support of grant funding, HMHB was able to promote Act 249 (breastfeeding in the workplace) through the development and distribution of new breastfeeding stickers for employers to designate breastfeeding-friendly rooms and a mini-brochure to help moms get started. The portable, pocket-sized brochure offers tips on pumping, the benefits of breast milk, your rights as breastfeeding mothers, and more!



To complement the new breastfeeding materials, HMHB has enhanced its website to include information on Breastfeeding for Businesses along with the rights of breastfeeding Moms in Hawaii.



Breastfeeding is natural – but that doesn’t necessarily mean it’s easy. Learning to breastfeed takes time for both you and your baby. Don’t hesitate to contact your healthcare provider or a certified lactation consultant if you need help or support. Remember: It’s all supply and demand. The more often and effectively your baby nurses, the more milk you will make!

**Connect With Us!**

[www.hmhb-hawaii.org](http://www.hmhb-hawaii.org)  
O’ahu (808) 951-6660  
Toll-Free Neighbor Islands (888) 951-6661

[info@hmhb-hawaii.org](mailto:info@hmhb-hawaii.org)

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310 Paokalani Avenue,  
Suite 202A  
Honolulu, HI 96815

**HEALTHY MOTHERS  
HEALTHY BABIES**  
COALITION OF HAWAII



**• BREASTFEEDING •  
FOR YOU & YOUR BABY**

**Why Breastmilk is Best.**

Your breast milk is the ultimate source of nutrition for your child. It’s the perfect combination of vitamins, protein and fat, customized to meet your baby’s individual needs. In addition to containing all the vitamins and nutrients your baby needs for healthy development, breast milk is packed with disease-fighting substances that protect your baby from illness.





## ■ Research

### Hawaii Journal of Medicine & Public Health

Please enjoy your complimentary copy of the Hawaii Journal of Medicine & Public Health, a joint effort between the Hawaii Department of Health and the University Clinical Education & Research Associates at the John A. Burns School of Medicine (JABSOM).

To view the full edition, please click on the hyperlink in the title above while pressing the Ctrl key or visit the website at [www.hjmph.org](http://www.hjmph.org).



## National

## ■ Resources

### Sugar Science

Submitted by Noella Kong, State Adolescent Health Coordinator, Hawaii State Department of Health

Greetings all!

A new resource shared by our UCSF-National Adolescent Health Information and Innovation Center (NAHIIC), Claire Brindis:

SugarScience has launched! After more than a year of effort, we launched our national initiative this week to create an authoritative source on the science behind sugar and health, and make that science available to the general public.

We'd love your help in spreading the word. Please check out our web site at [SugarScience.org](http://SugarScience.org) and our [Resource Kit](#), which we'll be sharing with city health departments nationwide, as well as the national PTA, YMCA and others. Feel free to share those widely.

If you're on social media, we'd also love it if you could follow us and retweet our posts @SugarScienceNow and "like" us on [Facebook](#).

Please share widely among your adolescent health circles.

## ▪ Recommended Reading and Viewing

### Navajo Nation Council Approves Junk Food Tax

In January, the Navajo Nation Council passed legislation that would levy an additional sales tax on junk food sold on Navajo land and remove a 5 percent sales tax on fruits and vegetables. Both bills were vetoed by President Ben Shelly in April, though the Council was able to overturn one veto and remove the tax on fruits and vegetables. In November, however, the Navajo Nation finally passed the Healthy Dine Nation Act of 2014 and will begin to tax junk food.

### Menu Labeling Imparts New Information About the Calorie Content of Restaurant Foods

December 02, 2014

As chain restaurants phase in calorie menu labeling, even consumers who discriminate between high- and low-calorie items can better weigh the healthfulness of restaurant foods and make finer adjustments in their food choices.



## Grants and Awards

### Hawaii

Kokua Hawaii Foundation Field Trip Grants give schools the financial assistance needed to bring students to outdoor sites where they can experience hands-on learning about Hawaii's environment. Nearly 5,600 students from 46 schools participated in field trips supported by Kokua Hawaii Foundation. Field trip sites included: Bishop Museum, Halau Kukui-Kawaihae, Honouliuli National Wildlife Refuge, Kaala Farms, Ka Papa Lo'i o Kanewai, Kualoa Ranch, Living Art Marine Center, Papahana Kualoa, and many others.

Kokua Hawaii Foundation Mini-Grants support teachers and students from Hawaii schools in advancing their environmental education goals and pursuing innovative stewardship projects. Over 5,000 students from 18 schools are participating in environmental projects supported by KHF Mini-Grants this semester. Projects include: Ground to Grindz Garden Project, Kuhio Elementary School, Go Green: Grow and Buy Local, Noelani Elementary School, Worm Bin & Math Learning Station, Ke Kula O Ehunuikaimalino, Environmental Food Awareness Project, Laupahoehoe Community Public Charter School, Plastic Free Week, University of Hawaii at Manoa and more.



### [Hawaii Community Foundation](#)

As one of the oldest community foundations in the country, HCF manages a repository of more than 600 charitable funds that have been set up by generous individuals, families, and businesses across the state to benefit the people of Hawaii. Click [here](#) to learn more about Hawaii Community Foundation's grant opportunities.

## **National**

### **School Gardens Funding Opportunities January 2015**

#### **The Fruit Tree Planting Foundation**

<http://www.ftpf.org/apply.htm>

#### **Lowe's Toolbox for Education**

<http://www.toolboxforeducation.com/index.html>

#### **Fiskars Project Orange Thumb**

<http://www2.fiskars.com/Community/Project-Orange-Thumb>

#### **Captain Planet Foundation**

<http://www.captainplanetfoundation.org/apply-for-grants/>

### **New publication highlights funding opportunities for local food**

A new white paper from the Leopold Center for Sustainable Agriculture presents information about 31 federal, state and private grant programs that are available as funding sources for development of local food systems. Financial resources range from USDA grants for beginning farmers, owners of small businesses and rural development groups, to private industry and foundation grants that support community gardens and farm-to-school programs. Find the white paper on the [Leopold Center's website](#).



## **Conferences, Trainings, and Professional Development**

## **Hawaii**

### **HPHA's Pacific Global Health Conference**

*SAVE THE DATE*

October 7-9, 2015

Location: Hawaii Convention Center

## **National and International**

### **38th Annual National Food Policy Conference**

Sponsored by the Consumer Federation of America

April 21-22, 2015

Capital Hilton, Washington D.C.

## **8<sup>th</sup> Biennial Childhood Obesity Conference**

June 29 - July 2, 2015

San Diego, California

[Click here for more details.](#)

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